

Menu Item	Serving Size	Calories	Fat Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (g)	Protein (g)	Vit A %DV	Vit C %DV	Calcium %DV	Iron %DV
Vegan Menu Items - Contain no ingredients derived from animal sources																
6" Corn Tortilla - 2 each	56 g	110	15	1.5	0	0	0	20	23	2	0	3	0	0	2	6
6" Flour Tortilla - 2 each	67 g	190	50	6	2	0	0	400	33	3	1	5	0	0	10	30
10" Flour Tortilla - 1 each	70 g	200	50	6	2	0	0	420	34	2	2	6	0	0	15	30
10" Taco Salad Shell - 1 each	59 g	310	150	17	3	0	0	220	34	1	1	5	0	0	2	10
12" Flour Tortilla - 1 each	118 g	340	80	9	3.5	0	0	750	56	4	2	10	0	0	15	60
12-13" Spinach Tortilla - 1 each	116 g	330	80	9	3	0	0	830	55	3	3	10	6	2	20	60
12-13" Tomato Basil Tortilla - 1 each	116 g	330	80	9	3	0	0	810	55	3	6	10	4	2	20	60
12-13" Whole Wheat Tortilla - 1 each	116 g	310	80	9	4	0	0	750	51	6	1	10	0	0	20	30
Black Bean & Corn Salsa Side Order	57 g	60	5	0.5	0	0	0	230	12	3	1	3	2	4	0	4
Cabbage - 1 tong full	57 g	15	0	0	0	0	0	10	3	1	1	1	2	30	2	2
Chips & Guacamole Side Order	255 g	740	390	44	10	0	0	1020	80	12	2	11	10	25	10	10
Chips 2 oz sv Kid's	57 g	280	130	14	4	0	0	300	34	2	0	4	0	0	4	4
Guacamole Side Order - 1 scoop	35 g	45	35	4	0.5	0	0	105	3	2	0	1	2	6	0	0
Jalapeno peppers - 1 tablespoon	10 g	0	0	0	0	0	0	170	0	0	0	0	2	2	2	0
Lettuce - 1 tong full	57 g	10	0	0	0	0	0	5	2	1	1	1	6	2	2	2
Pico de Gallo Side Order - 2 scoops	113 g	20	0	0	0	0	0	280	5	1	3	1	20	25	2	2
Rice & Refried Beans Kid's	170 g	130	15	1.5	0	0	0	250	25	2	0	3	2	2	4	6
Salsa, Habanero - 2 tablespoons	28 g	5	0	0	0	0	0	65	1	0	1	0	2	4	0	0
Salsa, Roasted Chipotle - 2 tablespoons	28 g	5	0	0	0	0	0	95	1	0	1	0	2	4	0	0
Salsa, Tomatillo - 2 tablespoons	28 g	5	0	0	0	0	0	125	1	0	0	0	2	2	0	0
Seasoned Rice - 1 scoop	142 g	210	25	3	0	0	0	300	40	1	0	4	2	2	4	10
Vegan Mondito Burrito	264 g	350	80	9	2.5	0	0	740	60	5	3	9	8	15	15	35
Vegan Mondo Burrito	507 g	630	140	16	4	0	0	1390	108	9	5	17	15	25	20	70
Wet Vegan Burrito Toppings	206 g	90	40	4.5	0.5	0	0	820	14	4	3	2	15	15	4	6

Menu Item	Serving Size	Calories	Fat Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (g)	Protein (g)	Vit A %DV	Vit C %DV	Calcium %DV	Iron %DV
Vegetarian Menu Items - In addition to all the Vegan selections above, the items below contain no meat, poultry, seafood ingredients; but may contain dairy and/or egg ingredients (lacto-ovo vegetarian)																
Veggie Mondo Burrito	495 g	680	170	19	8	0	25	1430	106	7	5	22	20	20	35	70
Veggie Mondito Burrito	286 g	380	100	11	4	0	10	760	60	4	4	12	10	10	25	35
2 Cheese Enchiladas Platter	620 g	780	340	38	17	0	95	1610	87	8	4	29	35	20	60	25
Veggie Taco -Refried Beans	136 g	160	60	7	3	0	10	380	21	3	2	6	10	8	15	15
Veggie Taco - Rice	147 g	220	70	7	3	0	10	440	32	2	2	7	10	8	15	20
Veggie Taco -Rice & Refried Beans	181 g	220	70	8	3	0	10	470	34	3	2	8	10	8	15	20
Cheese Quesadilla	242 g	610	270	30	16	0	75	1320	61	4	4	27	25	15	60	60
6 Layer Cheese Nachos	408 g	990	550	61	25	0	95	1440	84	8	3	29	30	20	60	10
Cheese - 1 Scoop	23 g	90	70	7	4	0	25	150	1	0	0	6	4	0	15	0
Chips & Queso Side Order	227 g	730	360	40	13	0	5	1510	73	4	0	14	0	0	15	8
Queso Side Order	57 g	80	50	6	2.5	0	5	450	2	0	0	3	0	0	4	0
Sour Cream Side Order	35 g	70	60	7	4	0	25	55	2	0	1	1	4	0	4	0
White Sauce - 2 tablespoons	28 g	100	100	11	2	0	10	85	1	0	0	0	0	0	0	0
Brownie - Oreo	92 g	400	150	17	8	0	65	230	59	2	37	4	0	0	2	10
Cookie - Chocolate Chip	38 g	170	70	7	4	0	10	120	24	1	15	2	6	0	0	6
Cookie - Double Chocolate Chip	38 g	170	70	8	4.5	0	10	135	23	1	15	2	6	0	2	4
Cookie - Oatmeal Raisin	38 g	160	60	7	4	0	10	130	23	1	13	2	4	0	0	4
Cookie - White Chocolate Macadamia	38 g	170	80	9	4	0	10	120	22	0	14	2	6	0	0	4
Kid's Bean & Cheese Burrito	241 g	330	120	13	6	0	25	710	42	4	2	13	4	2	30	35
Kid's Chips & Cheese	79 g	370	190	21	8	0	25	450	35	2	0	10	4	0	20	4
Kid's Cheese Quesadilla	92 g	290	110	13	6	0	25	570	35	2	2	11	4	0	30	30
Breakfast Burrito - without sausage	258 g	430	180	19	7	0	310	1050	45	4	3	19	15	8	25	40
Breakfast Potatoes Side Order	57 g	120	60	7	1.5	0	0	330	13	3	0	1	2	4	0	2
Breakfast Quesadita - without Sausage	180 g	350	140	16	6	0	310	840	36	2	2	18	15	6	25	35
Breakfast Taco - without Sausage	117 g	180	80	9	3.5	0	220	350	13	1	1	11	10	6	10	8